NOS. CALE, OF ALASKA, MEMBER OF U. S. CONGRESS.

el Known on the Pacific Slope, His Washington Address is 1818 9th St., N. W., Washington, D. C.



CONGRESSMAN THOS. CALE.

Hon. Thos. Cale, who was elected to ingress from Alaska, is well known on the Pacific slope, where he has resided, is Washington address is 1313 9th St., W., Washington, D. C.

Washington, D. C. Fruna Drug Co., Columbus, Ohio. Gentlemen: I can cheerfully recimend Peruna as a very efficient smedy for coughs and colds.

Thomas Cate.

Hon. C. Slemp, Congressman from Vir-ma, writes: "I have used your valuable enedy, Perana, with beneficial results, and can unhesitatingly recommend your enedy as an invigorating tonic and an dective and permanent cure for catarrh." Man-a-lin the Ideal Laxative.

Shortest Hour In the Day. "What is your shortest hour in e day?" asked a business man of sequeintance. "Don't say you have one. You have, although you may ot know it. Everybody has. Of irse, reckoned by actual measureent each hour is composed of sixty ninutes, yet notwithstanding that thronological exactness the hours ary in length. My shortest hour is om 2 to 3 o'clock in the afternoon. find upon inquiry that that is the lectest period for many people. In my case so swiftly do those sixty nutes hurry by that I try to crowd nto them as many of the disagreeble yet inevitable things of life as I ssibly can. If I have to interview a ore, I see him then; if I have to isit the dentist, I do it then. That our is bound to slip away quickly, matter what happens, therefore the gony of disagreeable scenes seems shorter duration."-New York

Characteristics of Animals. The animal of least intelligence in circus menagerie is the beautiful raffe; the most intelligent, the monby; the most timid, yet the most angerous, the elephant; most unfustworthy, the cats, including all lose animals belonging to the feline amily; most affectionate, the seals; lost ill-tempered, the hippopotamus, who is never in a pleasant frame of mind from the day of his birth until he is ready to be skinned and mounted n a natural history museum.—Sparo Moments.

AN UNMENTIONED ANCESTOR Mr. B is very proud of his ancient lineage, and never lets slip an opportunity to boast of it. At a dinner where he had been unusually rampant on this subject, a fellow guest quiet ed him by remarking;

If you climb much further up your tamily tree you will come face to face with the monkey."—Philadelphia

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THE ANNUAL CALL,

Mr. Wrinkiefon States His Views on the Subject of Vacations.

"It isn't the call of the wild," said Mr. Wrinkleton, "nor the call of the tame; it's just the call of the vaca-

"I find my work now dragging on me; it takes me twice as long to do anything now as it did a mouth ago, and I don't do it half so well. As a matter of fact I don't feel like doing a blessed thing; that is, in the way of labor. I could loaf or I could play with great strenuosity, but on my labor side I am all run down. What I want and need is a change. I want to go on my vacation.

We wind up our labor machinery to run just about so long, about one year; and after that we need a complete rewinding. Sleep will check the unwinding of the spring, and even wind it up again sufficiently to keep us going from day to day for the period the clock is intended to run, but when it comes to the end of the year we are all uncolled, and then there is nothing to do but to wind up completely again, which we do automatically on our vacation, the power we develop in loafing or play being stored in the spring.

'I have known men who never fook a vacation and who yet, working along thus steadily without a break, did their work well, but I am convinced that it doesn't pay. And I am satisfied that the men who do keep plugging along and doing their work well, without taking any vacation at

all, pay for it in the end.
"So I think everybody ought to have a vacation, but I do think that perhaps many of us think too much about it and wind ourselves up for the year with too narrow a margin left over. You see how this sort of thing operates with a good many people in their winding of themselves for a day's work; they stop all of a sudden and go all to pieces the minute the whistle blows. You can't get a lick of work out of them after that.

"And it's so, I fear, with many of us about our vacations; we want to go when our time comes and we're no good after that."—New York Sun.

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of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products.

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Maine, writes: "I was a great sufferer from female troubles, and Lydia E Pinkham's Vege-table Compound restored me to health in three months, after my physician declared that an operation was absolutely necessary."

Mrs. Alvina Sperling, of 154 Cley-bourne Ave., Chicago, Ill., writes: "I suffered from female troubles, a

tumor and much inflammation. Two of the best doctors in Chicago decided that an operation was necessary to save my life. Lydia E. Pinkham's Vegetable Compound entirely cured me without an operation."

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After a manh as posed as a cynic for a short time he begins to think too little of others and too much of himself.-Chicago News.

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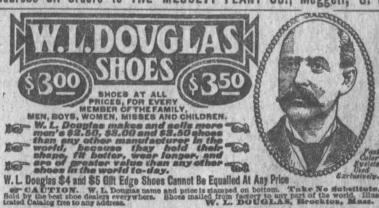
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